



COMMENCAL

RMNS PUSH BIKES 12 & 14
–
USER MANUAL

WELCOME

RMNS Push Bikes 12 & 14
User Manual



We thank you for your confidence in the COMMENCAL brand and we wish your child many good times to come with your new COMMENCAL bike!

This manual is intended to help you to get to know the specifics of the bike and includes some useful information and tips.

We recommend that you read it with care.

Once you've read through these instructions, keep this manual for further reference.

IN CASE OF A PROBLEM

If you encounter any problems during the assembly of your bike or have any other questions, don't hesitate to contact us:

- by email: customerservice@commencal.com
- by phone: + 376 73 74 75

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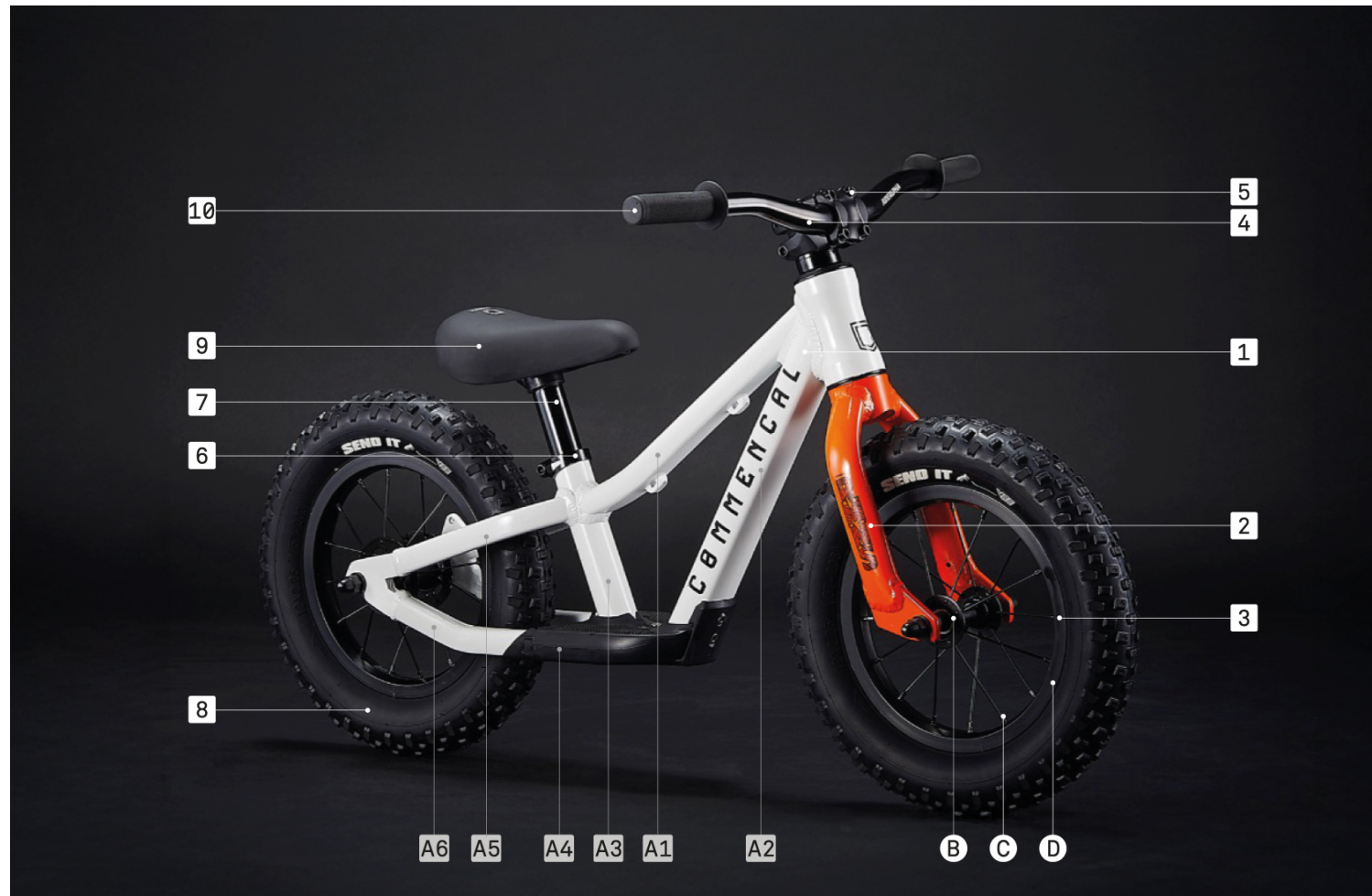
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USEFUL INFORMATION

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PARTS Find the different names of RAMONES balance bike:



01 - Frame
02 - Fork
03 - Wheel
04 - Handlebar
05 - Stem
06 - Seat clamp
07 - Seat post
08 - Tyre
09 - Saddle
10 - Grips

FRAME

A1 - Top tube
A2 - Down tube
A3 - Seat tube
A4 - Foot platform

REAR TRIANGLE

A5 - Seat stay
A6 - Chain stay

WHEELS

B - Hub
C - Spoke
D - Rim

HANDLEBAR & STEM ASSEMBLY

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COCKPIT:

When installing and adjusting the handlebar and stem ensure that the bolt located on the top of the stem (1) is tightened to the correct torque.

Position the handlebar so that the front wheel is straight.

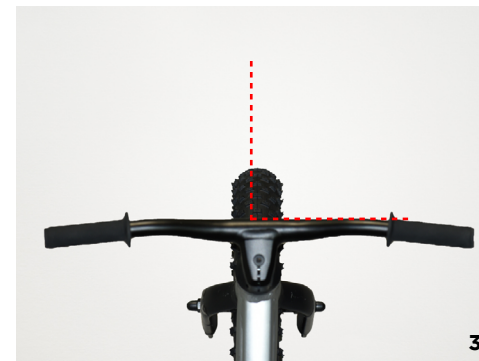
Tighten the bolt located at the bottom of the stem (2) to lock it in place.
If any further assistance or specific details about the adjustment process are needed, feel free to ask us!



STEP 1
Remove all components from the packaging to insert the stem into the steerer tube.



STEP 2
For adjusting the handlebar/stem combo, ensure that the bolt on top (1) of the stem is tightened to the correct torque.



STEP 3
Position the handlebars so that the front wheel is aligned straight.



STEP 4
Tighten the bolt located on the lower part of the stem (2) to lock it in place.

SETTINGS

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ADJUSTING THE SEAT HEIGHT

Loosen the seat clamp bolt using an Allen key to adjust the seat height. Adjust the seat height so that the child's feet are flat on the ground and their knees are slightly bent.

If any further assistance or specific details about the adjustment process are needed, feel free to ask us!



STEP 1:
Loosen the seat clamp bolt using an Allen key to adjust the seat height.



STEP 2:
Adjust the seat height so that your child's feet are flat on the ground and their knees are slightly bent

STEP 3:
Tighten the seat clamp bolt to secure the seat post in place.



Ensure the safety marking on the seat post cannot be seen when installed.

BASIC MAINTENANCE

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CLEANING AND STORAGE

Cleaning the bike regularly will allow the detection of possible problems such as damage to the frame or components. A clean and maintained bike will allow it to function better.

We recommend using a specific product, a sponge or a soft-bristle brush to wash your bike. Clean, rinse and dry your bike before applying lubricants or grease.



It is not advised to use a pressure washer as it can damage seals, bearings and hubs etc.

REGULAR CHECKS

- Check the condition of the wheels and tyres.
- Check that the tyre pressure is within the recommended values on the sidewall.
- Regularly check the tightness of all screws and nuts.
- If you detect any damage to the frame or components, stop using the bike immediately and contact customer service.

SAFETY

USE AT NIGHT OR IN THE DARK

If a COMMENCAL bike is being used in the dark, we recommend that you use lights so that you can see and be seen by other people. We recommend that you and/or your child also use a reflective vest.

CHILD SUPERVISION

Children must always be under adult supervision when using their balance bike. Pay attention to the dangers in the area. For example: do not use the balance bike near a swimming pool, river, stairs or steep descents, or on the road.

USING THE BRAKES

If your bike is equipped with brakes, explain to your child how to use them safely. Your child should apply the brake lever progressively and smoothly, without jerking.

To help your child use the lever comfortably, adjust the distance between the lever and the grip when possible.

When braking, your child's weight will shift forward on the bike. They should extend their arms to counter this motion.

Regularly inspect the entire braking system to make any necessary adjustments or maintenance. Worn-out brakes will not function properly and can be dangerous for your child.

RESTRICTIONS OF USE

The use of a balance bike is only intended for young children from 2 years old upwards. It is not intended for use by anyone over the age of 6. The weight of an adult could damage the frame and components of the balance bike.

SAFETY

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IMPORTANT

When using the balance bike, the child must always wear a helmet that fits them correctly. Otherwise, the child risks serious injury. In addition to a helmet, we strongly recommend that you use elbow and knee pads as well as suitable clothing.

RIDE WITH CAUTION!

Regardless of the child's abilities, it is recommended that the responsible adult spends time getting the child used to their new bike, in a safe and hazard-free space. Make sure they are always properly protected first and foremost.

WARNING

- Remove all items from the packaging before using the bike. The balance bike may have plastic packaging which should be kept away from children.
- Keep the packaging and this user manual.
-  WARNING
This balance bike must be assembled by an adult, using the instructions in it, before a child can use it.
- The condition of the balance bike must be checked before each use. Check the tightness of each screw.

- Use of the balance bike always requires adult supervision.
- It is advisable to equip your child with the necessary safety equipment when using the balance bike.
- This balance bike should never be used in traffic or on a public road.
- Clean the balance bike if necessary. Once clean, store in a dry place. It should not be left outside when not in use.



COMMENCAL

TO CONTACT US

Téléphone / Phone: +376 73 74 75
Fax / Fax: + 376 73 74 90

Site / Website: www.commencal.com

Information / Information:
info@commencal.com

Communication / Media-Press:
media@commencal.com

Clients hors France / International Sales:
export@commencal.com

Comptabilité / Accounting:
accounting@commencal.com

CUSTOMER SERVICE

COMESPORT S.A.
BP36 - Erts
AD400 La Massana
PRINCIPAT D'ANDORRA

Du lundi au vendredi de 9h à 13h et 15h à 19h /
Monday to Friday from 9 AM to 1 PM and 3 PM to 7 PM

customerservice@commencal.com

Téléphone / Phone: + 376 73 74 93
Fax / Fax: + 376 73 74 90